

SERVICES

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Food & entertainment

Membership Night

Join the Mountain View Club on Tuesday, **April 6**, for a Membership Night: Featuring our Beefeaters Buffet with additions to meet the Lent season. We even have offerings for your Atkins needs. Doors open at 5 p.m. and service until 7:30 p.m. Lots of giveaways and prizes for the kids. Cost is \$7.95, Kids \$3.95; however, 1 member eats free and family members and bonafide guests receive a \$2 discount. If you are a member and single then you eat free.

Call 846-5165.

Spring Fling

Saturday, **Tomorrow**, come help us jump into spring at our "Spring Fling," an evening of dinner and dancing, featuring the sounds of "Roger Burns."

Dinner begins at 5:30 p.m., and the feature that night is Beef Tournedos freshly prepared by our excellent staff.

We also offer our standard menu for those who wish to have a choice.

The band will begin at 6:30 p.m.

Reservations can be made by calling 846-5165.

Low Carb Specials

New at the Golf Course, low carb breakfast and lunch specials available daily.

Call 846-1574.

Miscellaneous

Read by Mail

As part of the presidential "Leave No Child Behind" initiative and First Lady, Laura Bush's Educational Initiative "Ready to Read, Ready to Learn" the Air Force Services Family Member Program is offering the AF Read-By-Mail/Book Adventure Program.

To participate youth must be in kindergarten through 8th grade and must be a member of the Kirtland Youth Programs. This free program allows youth to select books designated for the program, read at their leisure and earn points for their efforts.

Points for reading a book will be entered on the "Book Adventure" website where children will select from a variety of rewards based upon number of points earned.

The program will run **through May 15**.

Call 846-4092.

Story times

Story time at the library is **Tuesdays**, 11-11:30 a.m. Bedtime stories are **Thursdays**, 7 p.m. Pajamas and teddy bears are welcome.

Call 846-1071.

Pool League

A pool league is forming at Kirtland Lanes. It would be a 9-ball league, consisting of 3-person teams and will last for approximately 12-14 weeks. Call 846-1626.

Veterinarian services

The Kirtland AFB Veterinary Clinic has two animal health providers, Capt. Laura Embry and Dr. Eth Lipton.

Clinic services include vaccinations, deworming and heartworm testing, as well as radiography, blood analysis, and other various outpatient diagnostics.

Call 846-4276.

Customer Service Line

The 377th Services Squadron's action line for customers is 846-0588.

Callers can present their concerns and questions to the squadron leadership and receive timely, personalized responses.

Plaques & Awards Shop

The Plaques & Awards Shop offers award plaques, special order flag boxes, acrylic awards, pen/pencil sets and more. Stop by and place your order today!

Call 846-1070.

Stained Glass for Sale!



Stop by the Skills Development Center to see what's new! The Facility now carries stained glass pieces made by instructor, Roy Summers, that are available for purchase. Skills Development is located on the SE corner of Wyoming Blvd. and F. Ave., Bldg. 20206. Call 846-1070 or 846-1067 for more information.

Chess Tournament

Join the Rio Grande Community Center for the 2004 Air Force Chess Program Tournament (base level) **March 27**, 9 a.m.-7 p.m.

The tournament is open to active duty members, family members, retirees, DoD civilians and youth ages 6-18, however all participants must be USCF members.

Sign up at the Community Center or Youth Center **Monday-Friday**: 8 a.m.-5 p.m. or at the Youth Center **Saturday** 3-8 p.m.

Call 853-1861.

Travel

Space Camp

Have you ever dreamed of being an astronaut and of going into space?

Here's your chance for a scholarship to attend the Air Force Space Camp to be held in Huntsville, Alabama, **Aug. 2-8**.

Youth 12-18 are eligible to apply.

Tuition, food and lodging are provided.

Parents will be required to provide transportation. Stop by the Youth Center

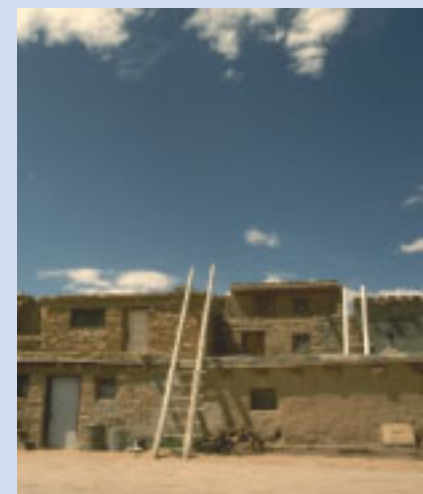
and speak to Roy Summers for additional information or call DSN 246-4092.

Tickets and travel

Tickets and Travel has many ticket specials, here are just a few:

- Disneyland tickets valid through **June 19**
- Hotel Voucher Ft. Lauderdale 1 Bedroom High Season: through **April 14**, 2004 \$150
- Ft. Lauderdale 2 Bedroom Low Season: **April 15-Dec.15**, 2004 \$116.70
- Entertainment Books available for sale for \$35, for the 2004 season (thousands of dollars in savings).

Contact ITT for additional information at 846-2924.



Courtesy photo

See Sky City

Join the Outdoor Recreation staff for this fun adventure into the history of New Mexico **March 28**. The ancient pueblo of Acoma has changed very little for hundreds of years; it will inspire your imagination and emotions.

Adults, 18-59 years, \$14.

Seniors, 60 years and up, \$13.

Children, 6-17 years old, \$11.

Children under 6, \$3.

Price includes entrance fee and transportation.

Depart Outdoor Recreation at 8 a.m. and return about 4 p.m.

Call 846-1499.

SPORTS

Classes

Skateboard Camp

Come join us at our Skateboard Camp. The Youth Center will be hosting this new and exciting camp **March 22 through 26** from 1-5 pm at the skate park located next to the center. The program is open to youth 9-18 years.

Cost for the program is \$1.00 per day. Children will be required to provide their own skateboard gear. The camp is limited to 27 participants per day.

There will be five slots reserved for children who have parent deployed. Please register your child at the Youth Center.

Call 853-5437.

Aerobics class

The Low-Impact Aerobics class begins at 9:30 a.m. **Mondays, Wednesdays and Fridays** at the East

Fitness Center. Call 846-1102.

PT Prep

PT Prep is a circuit training and aerobics class combined. It is designed to keep the heart rate up while working on circuit exercises that focus on push-ups and sit-ups.

The aerobic portions focus on intense exercises—jumping jacks, sprints (in place), hustlers, shuffles, body builders—that build cardiovascular endurance to help with the PT run.

PT Prep is **Mondays, Wednesdays and Fridays** at 6 a.m. Call 846-1102.

"Boot Camp"

Recall the glory days of boot camp while getting into shape.

Classes are **Wednesdays**, 5 p.m., at the East Fitness Center.

Call 846-1073.

Spinning class

Indoor cycling classes are held at

the East Fitness Center, **Monday-Thursday**, 6 p.m., and **Saturdays** at 1 p.m.

Call 846-1073.

Personal trainers

Two personal trainers are on-call at the East Fitness Center.

James Allison is a Certified International Fitness Professional Association member and Diane Cabral is a Certified National Strength and Condition Association Personal Trainer.

Fee for consultations is \$25 an hour.

Call 846-1102.

Lunch Crunch

The East Fitness Center has the Lunch Crunch, **Mondays, Wednesdays and Fridays**, 12:30-1 p.m.

The aerobics class focuses on abs, thighs and glutes.

Call 846-1102.

Yoga

Join the **Saturday** Yoga Class at 11 a.m.

The focus is more down-to-earth benefits of Yoga, including improved physical fitness, mental clarity, greater

self-understanding, stress control and general well-being achieved with continuous stretching exercises. Call 846-1102.

Swim to fitness

Water aerobics is open on a pay-by-the-day or pool pass basis at no additional charge.

Classes are **Mondays, Wednesdays and Fridays**, 10-11 a.m., and 11-12 a.m.; and **Mondays and Wednesdays**, 5:30-6:30 p.m.

Clubs & programs

Handball club

The handball clubs takes no initiation fees or dues and has no meetings—just competitive handball games.

Courts 2 and 5 are reserved 11 a.m.-1 p.m. for challenge games.

New members are always welcome.

Call 846-2454.

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